

# All B-Complex Item 4081 (Rev 3)

## Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 91

| Amount Per Serving  |                                     | % Daily Value |
|---|-------------------------------------|---------------|
| Thiamine (Thiamine Mononitrate, Molasses Culture)         | 6 mg                                | 500%          |
| Riboflavin (Vitamin B <sub>2</sub> , Molasses Culture)    | 7.5 mg                              | 577%          |
| Niacin (Niacinamide, Molasses Culture)                    | 60 mg                               | 375%          |
| Vitamin B <sub>6</sub> (Pyridoxine HCl, Molasses Culture) | 9 mg                                | 529%          |
| Folate (Folic Acid)                                       | 666 mcg DFE<br>(400 mcg Folic Acid) | 167%          |
| Vitamin B <sub>12</sub> (Cyanocobalamin)                  | 18 mcg                              | 750%          |
| Biotin (D-Biotin)   | 100 mcg                             | 333%          |
| Pantothenic Acid (Calcium Pantothenate, Molasses Culture) | 30 mg                               | 600%          |
| Choline (Choline Bitartrate)                              | 225 mg                              | 41%           |
| Inositol  | 600 mg                              | †             |

† Daily Value Not Established

**Other Ingredients:** Mono- and Diglycerides, Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Ethylcellulose, Food Glaze, Hydroxypropylcellulose, Silicon Dioxide.